

The Ride-A-Bike consists of scenic bike rides beginning and ending at Concord High School. Hundreds of participants of all ages participate by bringing pledges (as individuals, families or teams) to turn in at registration the day of the event.



Bicycles, restaurant gift cards and other prizes will be awarded to top pledge producers. Revenue from the event helps fund ADEC's supports and services for disabled children and adults. We suggest minimum pledge amounts of \$30 for individuals and \$60 for families.

**Time: 8 a.m. Registration Begins
Rides Start at 10 a.m.**

Location: Concord High School

Note: Rest Stops will be available on 9 and 20-mile courses

For more information

Contact: Nancy Bounds
at 574 848-7453, ext. 217
Call Toll Free at 877 342-8954
boundsn@adecinc.com



Pledges should be turned in the day of the event. Individuals who are turning in pledges as part of team should clearly identify the team on their pledge form. Teams must include a minimum of five members.

Team members are also eligible for individual fund - raising awards.

See inside
for Pledge Form
or visit

www.adecinc.com

37th Annual ADEC Ride-A-Bike

Presented by:

CHASE 



ALL ABOUT

cycling + fitness

 **TRIANGLE RUBBER & PLASTICS**



**Date: Saturday, May 9, 2009
Starting at 10 a.m.**

5-mile, 9-mile and 20-mile courses.
A shorter ride and walking route
Also will be available.

PLEASE WEAR A HELMET

Registration Form (Please Print)

For official use only: Total Collected _____ Initials _____

Name of Participant (First and Last) _____

Address (Street, City, State, Zip) _____

Phone Number _____ Name of Team _____

Age Category: Adult 18 and older ____ Younger than 18 ____

I hereby recognize and will assume all risks involved with the Ride-A-Bike on behalf of participant whose name appears on this registration form. A parent or guardian must sign for those younger than 18 years of age.

Signature _____

PLEDGE SHEET

Participant Name _____ Team _____

Please list sponsor's name, address and phone number.

	Name, address, phone number	Pledge	Collected
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