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In the Know

July/August/September 2011

A newsletter for people receiving ADEC services, their families and friends

ADEC Debuts New Web Site

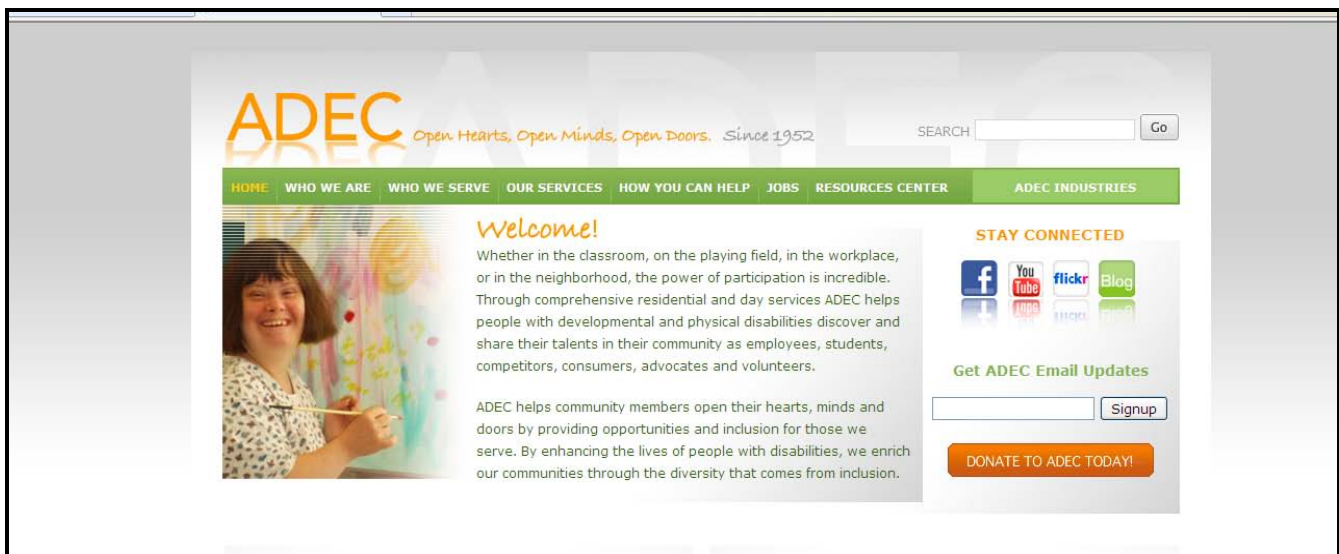
We are excited to introduce to you ADEC's new and improved web site! The web address remains the same, www.adecinc.com but the appearance and functionality of the site have been updated to make it easier for you to navigate and use.

As more and more people choose to use the internet as their preferred resource to read about what's happening in their community, to make purchases and to build relationships, we want to be sure that we're giving our stakeholders as many opportunities to remain engaged with ADEC as possible. That is

why access to the following information is now easily available on the ADEC home page;

- News and Announcements
- Upcoming events
- Press releases
- Links to Facebook, YouTube and Blog accounts
- Archived *In The Know* Newsletters
- Enrolling to receive e-mail updates and notifications from ADEC
- And opportunities to make a donation online

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ADEC'S NEW WEB SITE offers stories, photos and links to information important to you. It has a new look, but not a new address. Find us at www.adecinc.com

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For those of you who prefer to receive hard copy newsletters and mailings through the mail, don't worry – we'll continue to communicate with you the same way we always have. However, those that prefer to retrieve their information using the internet, now you can use the ADEC web site to stay informed and keep in touch.

Bottom line, relationships with all our stakeholders are important to us. Maintaining long-standing relationships. Building on newer relationships. Cultivating brand new relationships. And having a dynamic, easy to use web site is one way we can ensure that our many stakeholders have the opportunity to be as informed as they choose to be. So please visit our new Web site and take advantage of what it now makes available to you!

Like us on Facebook

If you haven't already found ADEC on Facebook, the new Web site makes it even easier. Just click on the Facebook icon, and you'll be right there. In the meantime, find us at <http://www.facebook.com/ADECservices> and keep up with the latest events and activities at ADEC. You'll also be among the first to view photos from events like the United Way Cardboard Boat Race.



FIND ADEC on Facebook to keep up with news and events.

Bowl until it Bursts!

Go pumpkin bowling for ADEC dollars Oct. 15-16 at Linton's Enchanted Gardens. For a \$1 donation to ADEC, participants get to pick out a pumpkin and use it as a bowling ball to knock down pins. This is



the second year ADEC will be the beneficiary of proceeds raised during Linton's Pumpkin Bowling. Be sure to stop by the C.R. 17 location to bowl a pumpkin, eat tasty treats and enjoy other fun activities for the whole family, including a children's scarecrow decorating contest and visits to the petting zoo.

JAMES REA cheers after making a strike during last year's event.

Annual Meeting Coming Oct. 17

ADEC will show its appreciation to constituents, staff and stakeholders during the Annual Meeting and Awards Banquet Oct. 17 at Matterhorn Banquet and Conference Center in Elkhart. Awards will be presented to the Most Distinguished Friend, ADEC's highest honor, as well as other Friends of ADEC. Again this year, clients will be recognized with awards for their achievements.

Watch for your invitation and be sure to RSVP. If you did not receive an invitation, but think you should be added to the guest list, please call 574-848-2440.

Art in the Barn Next on ADEC's Busy Art Circuit

A painting of skyscrapers done by an ADEC artist now hangs on the wall of a Boston architect's million-dollar condominium. His mother bought it for him this summer at Taste of the Gardens at Wellfield Botanic Gardens. The rows of windows and attention to detail caught her eye, and she decided it was a perfect house-warming present for her son. ADEC art is showing up in all kinds of unexpected places. From displays at The Shoots during First Fridays in Goshen, to the Elkhart Art Walk in July to Taste of the Gardens Aug. 27, ADEC paintings, pottery, jewelry and fabric art are getting attention from local art collectors.

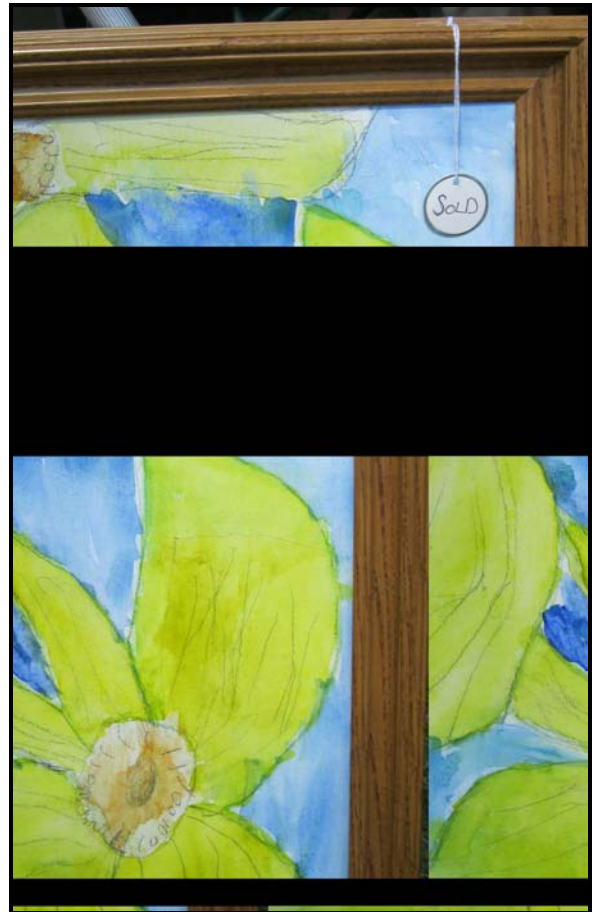
The next stop on ADEC's busy art circuit is Art in the Barn at Red Tail Farm, 303 W. Waverly Ave., Goshen Sept. 30- Oct. 1. The barn gallery opens at 4 p.m. Friday Sept. 30 and 3 p.m. Saturday Oct. 1.



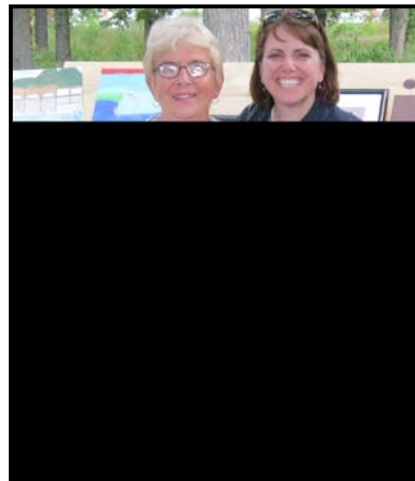
BRIGHT COLORS set off the artwork at ADEC's booth.

Pottery Studio Needed

With interest in ADEC's art growing, we need more space to produce it. A matching grant from the Indiana Arts Commission through the Community Foundation of St. Joseph County will help pay the rent and utility expenses of an art studio at the Michiana Center for the Arts across the street from The Shoots in Goshen. However, a second studio is required for our clients in wheelchairs. The studio must be handicapped accessible and wired for a kiln. If you know of such a place, please call Nancy Bounds at ADEC, 574.848.2440.



A SOLD tag hangs from an ADEC painting at Taste of the Gardens. ADEC artist sales totaled about \$1,000.



PHYLIS SCHULER and her daughter Liz Fischler show off the skyscraper skyline painting they bought at Taste of the Gardens for David Neilson, a Boston architect.

You Can Help ADEC's artists by making a donation to help match the grant offered by the Indiana Arts Commission for studio space. We must raise \$1,000 in order to receive the funds. Donations may be made online at www.adecinc.com, or mailed to: ADEC, P.O. Box 398, Bristol, IN 46507. For more information, please call Steve Germani at ADEC, 574.848.2441.

ADEC Summer Day Camp Offers More than Just Fun

Fun was a big part of ADEC's summer day camp this year, at least from the 25 campers perspective. But parents and counselors know it's about so much more. "Summer activity provides consistency in schedules and prevents children from losing what they learned during the school year," said Michelle McGuin, director of ADEC family services.

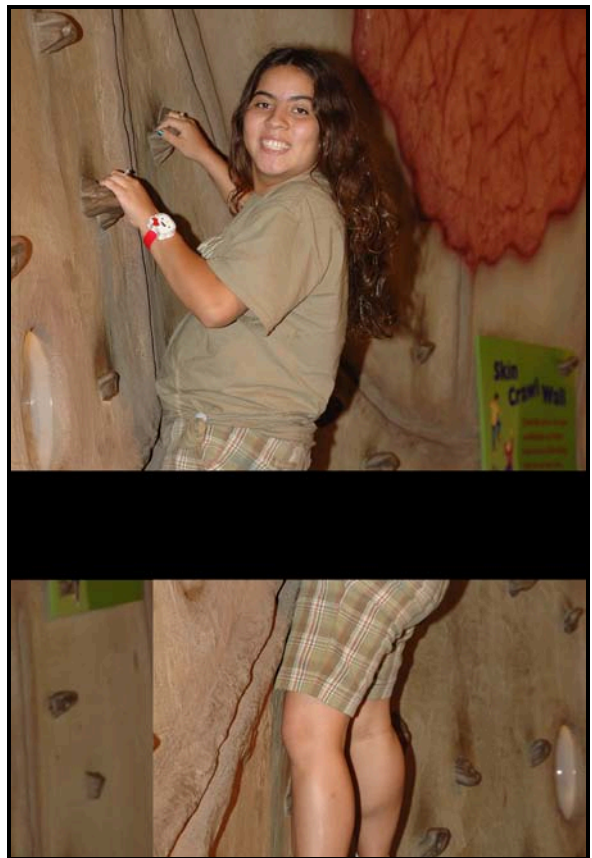
ADEC's day campers stayed active mentally and physically by reading, working on arts and crafts, swimming, bowling and going on a field trip every Friday. A grant from First Congregational United Church of Christ helped defer expenses for families not eligible for Medicaid. A new location, Memorial High School, gave campers more room and more options for fun. "It was great being at Memorial and having a much bigger space," said Anne Cripe, camp director.



KYLE LAHNDORF grooms a burro at a farm in Topeka.

Silver Bullets Basketball Season Opens Oct. 5

Are you ready for basketball? ADEC's Silver Bullets start their 2011-2012 season with an opening game Oct. 5 at the Bristol Elementary School gym against ADEC staff. The game starts at 6:30 p.m.



ISIS PEREZ climbs a rock wall at Memorial HealthWorks during one of the Friday field trips at summer day camp.



FAITH NICKEL concentrates on her speed while racing at Strikes and Spares in Mishawaka. Friday field trips gave campers a variety of activities and experiences.

Need help paying bills this winter?

A panel of representatives from local service agencies will share information about how to get help this winter during the next Learn@Lunch Friday, Oct. 21 at the Knights of Columbus, 112 E. Lexington Ave., Elkhart. The panel also will share ways to help others in the community. A free lunch will be provided, but you must reserve a spot by calling 294-6197 ext. 105. Learn@Lunch is a program of ADEC Family Services.

ADEC shakes up competition in boat race



MARGARET COOK (back) and ALEIGHA BOURDON, wish the kites really were sails as they row, row the boat.

Maybe it was the kites floating in the breeze or the cardboard pontoons skimming through the water. Maybe it was the colored duct tape holding everything together or the fans cheering from the bank. Whatever the reason, Hippie Hippie Shake, ADEC's colorful tie-dyed cardboard boat, stayed afloat, shook off the competition and won third place out of 16 entries in the United Way of Elkhart County Cardboard Boat Race August 26. The race kicked off – or more aptly pushed off -- the 2012 United Way campaign.



THE CREW of Hippie Hippie Shake, staff from ADEC Adult Day Service sites at the YMCA, Middlebury, Shoots and Bristol Building 2, show off their third-place medals. They are (from left, ALEIGHA BORDON, GRACE KARIUKI, SHANNON FISHER, JENNIFER FELKER and MARGARET COOK (Not pictured, EMILY NORMENT).



Boat-builders ANDREW SISSON (back) and ROBBIE LUCCHESI like the finished project..

ADEC's boat, designed and put together by a crew of staff and clients in Adult Day Services, handily won the first heat, beating three other boats by almost a lap. In the final heat, though, The Shake lagged behind, finishing third when a competitor ahead of it finally capsized and sunk.

Besides winning medals and a trophy, those who worked on the boat made a big splash in the community for ADEC. Hippie Hippie Shake drew lots of attention and praise as one of the most popular boats in the race.



THE CHEERING SECTION for Hippie Shake included many of the clients who helped construct it. MOLLIE COGET (above) waits for the race to start. She is wearing pink peace symbol sunglasses to match the boat.

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Don't Miss These October Events

- Oct. 1 – Art in the Barn at Red Tail Farm, Goshen
- Oct. 5 – Silver Bullets Basketball season opener at Bristol Elementary School.
- Oct. 7 – Goshen First Friday
- Oct. 15-16 – Bowling for Dollars at Linton's Enchanted Gardens, 315 C.R. 17, Elkhart
- Oct. 17 – ADEC Annual Meeting and Dinner at Matterhorn in Elkhart
- Oct. 21 – Learn@Lunch at Knights of Columbus



FIRST FRIDAYS in Goshen give ADEC another opportunity for community involvement. On Aug. 5, the Silver Bullets played an exhibition game against Goshen High School staff during an ADEC First Friday basketball event.